



CLEANING YOUR RETAINERS

Brush retainers daily with a toothbrush using antibacterial soap and water to clean well.

If your retainers begin to develop a funny taste, rinse them in mouthwash.

Do not apply hot water to your retainers as this may cause them to warp!

If your retainers become contaminated, call our office as soon as possible and we will be happy to give you a solution to disinfect the retainers.

Remember, to maintain your new smile, you must wear your new retainers!!!

Bring your retainer to all of your future appointments so we can make sure it's fitting correctly.



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